

# LAVA

## **Locations:**

**“Where are you from originally?”**

## **Associations:**

**“Do you have a family?”**

## **Vocations:**

**“How do you spend most of your time?”**

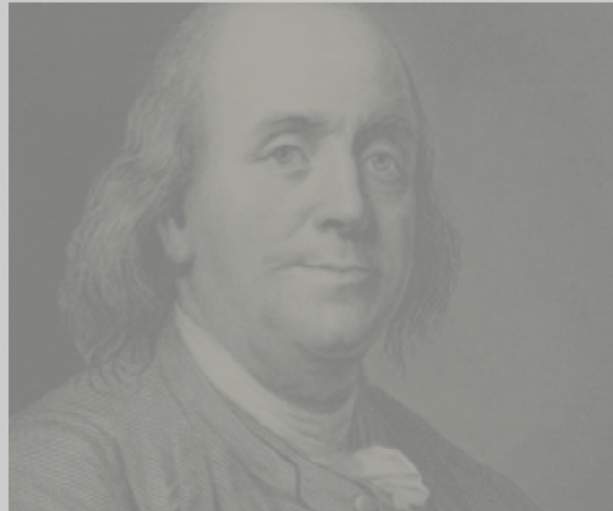
## **Avocations:**

**“How do you spend your free time?”**



# Time Management

- 1. Use the Traffic Light System.**
- 2. Review your schedule the evening before-on paper.**
- 3. Schedule in time blocks.**
- 4. Have a to-do list tournament.**
- 5. GMAD (not ASAP).**



The morning question, What good shall I do this day?	5	Rise, wash, and address <i>Powerful Goodness</i> ; contrive day's business and take the resolution of the day; prosecute the present study; and breakfast.		
	6			
	7			
	8			
	9			
	10			
	11			
	12		Work.	
	1			
			2	Read or overlook my accounts, and dine.
			3	
			4	Work.
	5			
	6			
	7	Put things in their places, supper, music, or diversion, or conversation; examination of the day.		
	8			
	9			
Evening question, What good have I done today?	10	Sleep.		
	11			
	12			
	1			
	2			
	3			
	4			

# 3 Most Important Questions

**question #1:  
“What Do You Mean By That?”**

**Question #2:  
“How Did You Come To  
That Conclusion?”**

**Question #3:  
“Have You Ever Considered . . . ?”**